



San Diego

Rights and Responsibilities of a Research Study Participant

The risks and benefits of participation

As a participant in a research study, you will have responsibilities. You will be expected to show up for all scheduled appointments, call the research facility if you have a reaction to a study drug or device, and to follow the study related instructions that are given to you. Certain studies may expect you to go in for more visits than regular care, as well as make phone calls pertaining to the study protocol. Therefore, this may cost you extra fees such as parking, babysitting or time off work.

As a research participant, you have several rights:

- You have the right to decide if you do not wish to participate or if you wish to quit the research study with no penalty or loss of benefits at any time.
- You have the right to ask any and all questions that may occur before, during or after about the research study.
- You do not waive any legal rights by joining a research study or by signing a consent form.
- You have the right to receive a copy of the consent form.
- You have the right to be informed about the research study. The main source of information can be found in the consent form. However, you are encouraged to ask the Principal Investigator as many questions regarding the study in order to increase your comfort level.
- The ethical and legal codes that govern medical practice also apply to clinical trials.



San Diego

Being in a research study is an important decision. **If you do not understand some and/or all of the information being presented to you about the research being conducted, you should contact the study staff.** It is important to discuss your expectations before you agree to be in a research study.

Joining a research study will usually involve risks. These risks can vary from study to study. For each study the risks involved should be clearly explained in the consent form. You, as the study participant, should understand what risks are anticipated in the research study that you are considering. **With any study, there can be unanticipated risks.** There may be unpleasant, serious or even life-threatening side effects to some of the procedures.

The possibility of receiving benefits will vary from study to study, just like the risks that are involved. However, there are some research studies where a study participant may benefit directly and his/her disease or condition will be helped. The main goal of a research study is to be able to collect information that can be used to better understand and/or help others in the future.